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PhD in Pharmaceutical Sciences  
2021-2022

INVITATION to the Public defence of

**Lise VERBRUGGEN**

To obtain the academic degree of

**'DOCTOR OF PHARMACEUTICAL SCIENCES'**

**The cystine/glutamate antiporter system  $x_c^-$  and healthy (brain) aging**

The defence will take place on

**Monday, 28 March 2022 at 5 p.m.**

**In Auditorium Vanden Driessche**

Faculty of Medicine and Pharmacy, Laarbeeklaan 103, 1090 Brussel

The public defence can also be followed online.  
Please contact the PhD candidate for more information.

## Summary of the dissertation

As the average life expectancy has been steeply rising, obtaining insight into the aging process has become a research priority. The cystine/glutamate antiporter, system  $x_c^-$ , has previously been identified as a potential therapeutic target in mouse models for age-related neurological disorders, such as Parkinson's disease. System  $x_c^-$  is involved in redox signaling and in regulating the immune response as well as the glutamatergic neurotransmission, all of which are affected during aging. Still, the possible role of system  $x_c^-$  in mediating the aging process has so far remained unknown. Therefore, the central aim of this dissertation was to investigate how system  $x_c^-$  deficiency affects the physiological aging process in mice, with a focus on the peripheral immune system and the hippocampus, a brain structure that undergoes profound age-related functional changes that contribute to cognitive decline. The results presented in this dissertation show that mice lacking a functional system  $x_c^-$  have an extended lifespan, are protected against age-related priming of the innate immune system as well as against age-related changes in the hippocampus and the concomitant decline in hippocampus-dependent memory. Targeting system  $x_c^-$  thus seems to have the potential to promote healthy aging and to prevent cognitive decline.

To translate these results towards a clinical setting, there is a need for the development of new molecules that selectively act on system  $x_c^-$ . In the second part of this dissertation, we showed that sulfasalazine, the most commonly used inhibitor of system  $x_c^-$ , shows adverse off-target effects. This limits its use as an inhibitor of system  $x_c^-$  in potential future clinical studies.

## Curriculum Vitae

Lise Verbruggen was born on September 2<sup>nd</sup> 1992 in Mechelen. Lise has a bachelor's degree in Pharmaceutical Sciences and a master's degree in Drug Development from the Faculty of Medicine and Pharmacy, Vrije Universiteit Brussel, Belgium. After obtaining her master's degree, she joined the Neuro-Aging & Viro-Immunotherapy research group (NAVI, Vrije Universiteit Brussel) in 2016, to start her doctoral research which focused on the cystine/glutamate antiporter system  $x_c^-$  and healthy (brain) aging. Lise was supervised by Prof. Dr. Ann Massie and Dr. Eduard Bentea. The results reported and discussed in her dissertation were published in two international peer-reviewed journals and presented at several national and international conferences. Since December 2020, Lise is active as a scientific collaborator in the Multidisciplinary Oncological Centre Antwerp (MOCA, Universitair Ziekenhuis Antwerpen), where she focuses on clinical research in the field of cancer.